

# FEDERACION DE SKI Y SNOWBOARD DE CHILE

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During the past winter season 2022, the Chilean Snowboard and Freeski Teams had the opportunity to meet Marco in Livigno and worked together

We feel a great opportunity to invite him to the team, where he showed us different techniques and treatments that could help our athletes to recover after the freestyle technical trainings in the Snowpark.

We organize sessions where Marco bring his medical and sports knowledge for the specific treatment to the athlete depending of each personal necessity. Marco always had a fast and effective eye to find body solutions and with exercises that he teaches with determination.

He was bringed a lot of dynamic techniques for the warms up and stretching parts of the trainings, where the flexibility gain range and the general body benefits was a common feeling for the hole members of the Team, helping us to improve our specifics freestyle performances day by day.

We are really thankful and recommend Marco Ghioni for the role of Sports Medical Coach.

Luciano Sanchez Fares

Chilean Snowboard Coach