

WALLISELLENSTRASSE 100, 8050 ZÜRICH, SWITZERLAND

Zurich Diving Team had the pleasure to work with Dr. Marco Ghioni for a week in August 2020.

Marco did his best to take care of the athletes of the team showing professionalism and competence.

I consider it useful that each athlete, already from childhood, has an experienced osteopath professional like Marco from whom to learn exercises, as their practice can benefit both the state of health and the technical gesture of diving.

It was a new and interesting experience for my diving team and we could benefit a lot. Still now, my divers are using parts of the exercises in their individual training.

I highly recommend to work with Dr. Marco Ghioni

Head Diving Coach

Saeid Taghbostani